

# Our Lady of the Immaculate Conception and St Joseph

The First Sunday of Lent  
21st February 2010



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**CAFOD**  
just one world

Registered Charity No. 285776

## CAFOD FAMILY FAST DAY FRIDAY 26<sup>TH</sup> FEBRUARY 50 YEARS OF GIVING AT LENT

Lent 2010 marks the 50<sup>th</sup> anniversary of the first Family Fast Day in 1960, when a group of Catholic women joined together at Lent to do something extraordinary: members of the Catholic Women's League, the Union of Catholic Mothers and the National Board of Catholic Women held the first Fast Day in aid of mothers and babies in Dominica. They expected to raise £500, but actually raised a remarkable £6,000. The next year they raised a staggering £27,000! Every Lent since then, Catholics across England and Wales have teamed up with CAFOD to help some of the poorest communities in the world. This year why not give something up for Lent and donate the money you save to CAFOD? You can create some amazing changes for people who live in the developing world. The money saved by missing out on your favourite biscuits each day, for instance, could go towards a bicycle or helping a health volunteer take food to orphaned children. CAFOD fast days have raised over £65million in the last 50 years. Just imagine how many people that's helped around the world. Pick up your *give it up!* envelope from the Church at any time during Lent.

**"Living as One" is the Diocese' Faith Sharing Programme which will be running during Lent. Our Lent faith sharing season starts today, with groups in our parish and all over the diocese, meeting to explore what we mean when we say the Church is "one, holy, catholic and apostolic". The first week looks at those whom we are called to see as brothers and sisters both in the Church family and outside. Jesus asks us to strive for perfection in our lives (Matthew 5:48), this Lent is an opportunity to see what may be holding us back. The Booklets are available after the Masses this weekend at £1, and there will be Meetings each week for six consecutive weeks. The five groups already established will start respectively on:**

**Saturday 20<sup>th</sup> February at 2.30pm at the Convent at 3 Longlands Close - 01992 621168**

**Monday 22<sup>nd</sup> February at 8pm at the Convent - 01992 621168**

**Wednesday 24<sup>th</sup> February at 9.15am in the Presbytery, St Joseph's Church - 01992 622431**

**Thursday 25<sup>th</sup> February at 2pm in the Presbytery - 01992 626772**

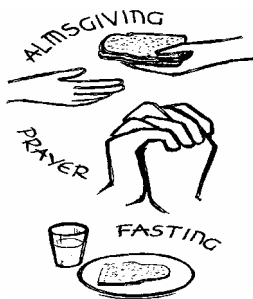
**Thursday 25<sup>th</sup> February at 8pm at 31 Rotherfield Road, Enfield - 0208 292 8592**

**New and old members are most welcome.**

### LENT IN THE CHURCH

The season of Lent is a preparation for the celebration of Easter. The liturgy prepares the catechumens for the celebration of the paschal mystery by the various stages of Christian initiation; it also prepares the faithful, who recall their baptism and do penance in preparation for Easter. During Lent we wear vestments of purple to show the penitential nature of the Season. The Alleluia is always omitted during Mass. We reduce all decoration in the Church. It is not permitted to adorn the altar with flowers, and the organ and other instruments may only be played for the purpose of sustaining the singing. An exception is made for Laetare Sunday and Feasts and Solemnities.

We are asked to pray for these intentions: Candidates for the Sacraments, Women, The Needy and Hungry of the World, Penitents and Wanderers. The season of Lent is a preparation for the celebration of Easter



**There will be Stations of the Cross each Friday during Lent - after 10.00am Mass in the morning, and at 8.00pm in the evening.**

### LENTEN ALMS 2010

In recent years the custom throughout the Diocese has been to raise money during Lent to support charitable causes at home and overseas. This year, Archbishop Vincent commends the St John Southworth Fund and the Thai Children's Trust.

**The St. John Southworth Fund** is a grant giving scheme created from existing legacies and trusts within the Diocese, some dating back to the 1850s. Its overall purpose is to assist homelessness, migrants and refugees, youth education, disability support, pastoral support for the elderly, children and other various projects. Since its launch in December 2007 it has provided funding to over 160 successful bids totalling more than £1million.

**The Thai Children's Trust** supports the neediest children across Thailand: orphans, the poor and the hungry. Some are fleeing from violence and persecution in Burma. Others have been abandoned as babies by parents too poor to care for them. Others still have been marginalised because of illness or disability.

### RESPONSORIAL PSALM

He who dwells in the shelter of the Most High and abides in the shade of the Almighty say to the Lord: "My refuge, my stronghold, my God in whom I trust!"

Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in your ways.

They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon.

His love he sent on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: "I am with you". I will save him in distress and give him glory.

### GOSPEL ACCLAMATION

Praise to you, O Christ, king of eternal glory! Man does not live on bread alone but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory.

**TODAY'S READINGS:** Deuteronomy 26:4-10  
Psalm 90  
Romans 10:8-13  
Luke 4:1-13  
**NEXT WEEKS' READINGS:** Genesis 15:5-12.17-18  
Psalm 26  
St Paul 3:17-4:1  
Luke 9:28-36

### Mass Times

SUNDAY	FIRST SUNDAY OF LENT	8.30am 11.00am 12.30pm & 6.30pm
Monday	Chair of St Peter	10.00am
Tuesday	Polycarp	10.00am
Wednesday		10.00am
Thursday		10.00am
Friday		10.00am
Saturday		6.30pm
SUNDAY	SECOND SUNDAY OF LENT	8.30am 11.00am 12.30pm & 6.30pm

### Sacrament of Reconciliation –

Saturday 10.30 – 11.00am & 5.45 – 6.15pm

### Exposition of the Blessed Sacrament

There is Exposition of the Blessed Sacrament in the Church each Friday morning from 9.15 to 9.45.

**Offertory Last Week: £1,595.19 - Thank You!**

### RCIA

The RCIA Group meets on Monday evenings at 8.00pm in the Presbytery.

### SVP

The SVP Group meets on Monday evenings at 8.00pm in the Sacristy.

### LEGION OF MARY

The Legion of Mary meets in the Sacristy at 10.45am on Tuesday mornings.

### LINE DANCING

There is Line Dancing every Tuesday evening at 7.30pm in Eleanor Hall.

### FINANCE COMMITTEE

There will be a meeting for the Finance Committee at 8.30pm on Tuesday 23<sup>rd</sup> February in the Presbytery.

### CONFIRMATION PREPARATION

Confirmation Preparation is at 8.00pm on Thursday evenings in the Church.

### BAPTISM PREPARATION

The next Baptism Preparation Course will start today at 2.30pm in The Convent, Longlands Avenue. If you have a baby to be baptised in the near future please see Fr. John.

### FAIRTRADE STALL

The Fairtrade Stall will be open after all the Masses next weekend.

### FUNERALS THIS WEEK

The Funeral Mass for the late Lilian Rapoojee will be at 10.00am on Monday 22<sup>nd</sup> February.  
The Funeral Mass for the late Martin Murphy will be at 10.00am on Wednesday 24<sup>th</sup> February.

### ST JOSEPH'S GAA

The AGM for the St. Joseph's GAA will take place on Wednesday 24<sup>th</sup> February at 8.30pm in St Joseph's Hall.

### MASS INTENTIONS

The Parish diary for Mass intentions is now full for the next 8 weeks. Mass intentions will be sent to our sick and retired priests of the diocese. Our Mass intention diary will be re-opened at a later date.

### TIME WITH GOD THIS LENT

A Lent retreat will take place on Sunday 7<sup>th</sup> March from 2.30pm-5.00pm at the Convent. The Parish offers you this invitation to step back from the routine of your every day to tune in to God and be more connected to him.

### DISCOVERING PRIESTHOOD

On Saturday 13<sup>th</sup> March, 10am-4pm at Ealing Abbey. The day offers young men a chance to meet priests and seminarians from the diocese and religious communities to learn more about the life and ministry of a priest. To book a place or for further information contact Deacon Gordon Nunn, Ealing Abbey, 2 Marchwood Crescent, London W5 2DZ: Tel: 0208 862 2162 or email: [deacongordon@ealingabbey.org.uk](mailto:deacongordon@ealingabbey.org.uk)

### THE HISTORY OF ST JOSEPH'S PARISH 1860-2010

Geoff Kinton has written a book to mark the 150<sup>th</sup> anniversary. The book is on sale in the repository, and in the Parish Office, at £5. Proceeds from the sale will go towards the new Parish Centre.

